

JULY 2025

AFFIRMATION CALENDAR

SUN

MON

TUE

WED

FRI

SAT

SUN

01 I choose faith over doubt and courage over fear.

02 I have the courage and strength to begin something new, even when it scares me.

03 I remain loyal to my heart and honor my soul's calling above all else.

04 I am courageous in the pursuit of what lights up my soul.

05 I trust that the universe is always supporting me in ways I can't even imagine.

06 I am enough, always.

07 I honor my heart. I honor my light. I honor my magic.

08 I tend to my heart with love, care, and gentleness.

09 I open my heart to receiving every beautiful opportunity and experience that this day offers.

10 I am rich in joy, love, and inner peace.

11 Everything I need always comes to me at exactly the right place and time.

12 I am creating a life that feels good to me from the inside.

13 I've come this far, and I want to see what happens when I don't give up.

14 Every single part of me is beautiful, valuable, and worthy.

15 If all I do today is just breathe, that is enough.

16 I honor my heart's wisdom and stay true to myself in all that I do.

17 Even when the future feels uncertain, I am able to find the gift I'm being given in this present moment.

18 My strength is always greater than my struggles.

19 I am my true self, and there's nobody else I'd rather be.

20 My body is a beautiful home for my radiant soul.

21 I am my true self, and there's nobody else I'd rather be.

22 My worthiness is not defined by my productivity.

23 I trust and believe that everything is always working out for my highest good.

24 I am strong in mind, body, and spirit.

25 I allow myself to do what is right for me.

26 I choose to follow the path of love.

27 I trust my inner knowing in the face of uncertainty.

28 I wholeheartedly believe in myself.

29 I am worthy, strong, powerful, courageous, and more than enough.

30 If I never try, I'll never know and I am brave enough to try.